

MONTHLY PULSE

The latest events, community news, and much more!

MONTHLY OBSERVANCES

- April Fools Day - April 1
- National Nebraska Day - April 5
- Easter - April 9
- Volunteer Recognition Day - April 20
- Administrative Professionals Day - April 26
- Medical Lab Professionals Week - April 23-29
- Occupational Therapy Month
- Stress Awareness Month

HAPPY HCHS ANNIVERSARY!

- Josh Frerichs - April 1 - 2 years
- Jessica Stemper - April 1 - 12 years
- Jessi Zade - April 4 - 7 years
- Brittany Reeg - April 10 - 10 years
- Shannon Lynch - April 21 - 13 years
- Lorelle Foster - April 27 - 2 years
- Kendra Humphrey - April 27 - 2 years

MONTHLY MEETINGS

- Foundation Meeting - April 11
- Trustees Meeting - April 17

HAPPY BIRTHDAY!

- Paige Waggoner - April 1
- Ramona Coffey - April 7
- Gwenda Westerbeck - April 11
- Danika Hanchett - April 13
- Jeff Bash - April 14
- Johanna Popple - April 21
- Jennifer Taylor - April 30

OTHER COMMUNITY EVENTS

- Alma Easter Egg Hunt - April 8 @ 1 PM
- Spring Fling - April 8
- Auxiliary Bake Sale - April 8 @ 8 AM
- Daycare Fundraiser - April 21 5-7 PM
- City Wide Cleanup - April 22
- BRAN - June 5



FOUNDATION RAISES \$7000 AT DUELING PIANOS EVENT

Last month, the Foundation hosted their first fundraising event at the Alma golf course! Over 150 people were in attendance for the Midwest Dueling Pianos event and they were able to raise just over \$7000 from sponsorships and donations. This was such a fun event and look forward to hosting another show in the near future.



STAFF LEARN ABOUT THE IMPORTANCE OF IT SECURITY & SOCIAL MEDIA AWARENESS

Last month, the staff listened to presentations from Buffalo IT representative, Jerry Waddel, and Marketing/Foundation Director, Taylor Molzahn, on the basics of IT and security of devices and the do's and don'ts of social media as healthcare workers. Very insightful and lots of beneficial information!



MESSAGE FROM THE CEO

Greetings!

Town hall meeting & Employee Forum: Our next town hall meeting will be Apr 26th at 5:30pm. We will also be having an Employee Forum that day as well. This is a time for employees to get updates about the things we are doing. I will also send out an email closer to the date and then you can submit questions that you would like us to discuss. We will also try and have some fun at this event. It will be an hour at the longest. Times will be announced as we may look at offering it multiple times that week or that day. These will be quarterly like the town hall meetings.

Employee satisfaction survey: Thank you to everyone that has taken the time to fill out the survey. We have reviewed the results and we will be sharing a summary in the employee forum along with some discussion and potential action plans to move forward with the identified opportunities.

Physician Recruitment: I have changed firms that we will use for physician recruitment. This firm is more Midwest focused and has placed physicians in small locations like us in Nebraska in a rather quick timeframe, so I am happy to work with the Jackson Physician Search Company. To do the best recruiting for us they will have to come onsite to learn about our organization, the community and what we need here at HCHS. More information to come on that as we nail down a date for an onsite visit.

New Phone System: This has been finalized. Our new equipment and the roll out will take place in about 4-6 weeks. More to come as the time gets closer.

Nurse Call System: We are looking an option for a new system. We have three vendors that have shared or will be sharing their information to help us decide the what the best system is for this facility.

Sincerely,

Stacy Neubauer, RN, MHA

Chief Executive Officer

HCHS FOUNDATION

The Foundation recently added an electronic donor board to the waiting room of the hospital. We're so excited for this addition and the many opportunities this provides us with. We are still working on recruitment. We did add another new board member! Samantha Stuhmer will officially join us this month! AND we raised just over \$7,000 at the Dueling Pianos event last month!



Upcoming Events:

- 3rd Annual Golf Tournament - Aug. 19

We hope to see as many of you as possible at our events! Your support means a lot and it shows you care if you're in attendance when you can.

● EMPLOYEE SPOTLIGHT: Kendra Buss

● This month's employee spotlight is, Kendra Buss!
● Kendra has been a part of HCHS for about 8 months
● now as a Patient Care Tech/Medical Assistant. She
● loves meeting new people, interacting with the patients
● and knowing that she's able to help them, and loves
● how awesome our team is.. When she's not at work,
● Kendra enjoys spending time with family, fishing,
● reading, photography, and scrapbooking. Her kids also
● keep her very busy with all of there sports, but she loves
● the time she gets to spend with them and her fiancé. If
● she could pick one superpower, it would be the power
● to heal through touch, especially for cancer patients.
● Some things she cannot resist are sweets, popcorn, and
● ice cream. If she could take a vacation, it wouldn't matter
● where, as long as she gets to go somewhere!





HCHS TOWN HALL MEETING

SAVE THE DATE

APRIL
26TH



Save the date for the next town hall meeting and employee forum! This is the perfect opportunity to ask questions you may have or just come to catch up on the latest about HCHS. An agenda will be available soon!

- **Employee Forum** -
@10 AM - Cafeteria
- **Town Hall Meeting** -
@5:30 PM - Alma Clinic



COMING SOON!

3D Mammo

www.harlancountyhealth.com



“

I HAVE LEARNED THAT SUCCESS IS TO BE MEASURED NOT SO MUCH BY THE POSITION THAT ONE HAS REACHED IN LIFE, AS BY THE OBSTACLES WHICH HE HAS OVERCOME WHILE TRYING TO SUCCEED.

-BOOKER T. WASHINGTON-

WE ARE HIRING

AVAILABLE POSITIONS

- RN (Night Shift)
- PRN Dietary
- PRN Physician Assist. or Nurse Practitioner
- Lab Manager
- Cardiac Rehab Nurse

Apply through Indeed, or fill out an employment application.



The Auxiliary is hosting an
**EASTER
BAKE SALE**

APRIL 8 - CITY AUDITORIUM - 8 AM

Visit us and pick up
some delicious home-baked treats!



Special thank you to, Les Lacy, for making the staff some of his famous crepes last month!! Everyone always enjoys when he does this and we can't wait for his next cooking day. We always appreciate when you take the time to do this, Les!

HCHS REHAB

APRIL IS
Occupational
Therapy
Month!

**Mindy
DeJonge**
Occupational Therapist



April is Occupational Therapy Month -
Let's Celebrate!

Occupational therapy is the only profession that helps people across the lifespan participate in the things they want and need to do through the therapeutic use of daily activities (occupations). Occupational therapy practitioners enable people of all ages to live life to its fullest by helping them promote health, and prevent—or live better with—injury, illness or disability.

UPCOMING SCHOOL EVENTS:



Alma Cardinals

- April 7/10 - No School - Easter Break
- April 11 - JH Track - Home meet
- April 14 - V Track @Bertrand
- April 18 - V Golf - Home meet
- April 20 - Elementary Spring Concert
- April 27 - V Golf RPAC - Home
- April 28 - Secondary Music Concert

- April 7/10 - No School - Easter Break
- April 13 - FFA Labor Auction
- April 15 - Prom
- April 17 - HS Spring Concert
- April 19 - HS Track @Arapahoe
- April 24 - HS Track Dual vs. Alma

**SO. Valley
Eagles**



OUTPATIENT SERVICES - APRIL 2023

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	31	1
2	3 • NHI - Dr. Kosmicki	4 • Dietary • HPM Clinic	5 • Podiatry - Dr. Moore • Cardiology - Dr. Dassouki	6	7	8
9 <i>Happy Easter!</i>	10	11 • OB/GYN - Dr. Jorgenson	12 • Ortho - Dr. Wilkinson	13 • Nuc. Medicine • Pulmonology - Dr. Cantral	14	15
16	17 • General Surgery Dr. Walsh	18 • Oncology - Dr. Hartl • Dietary	19 • Bryan Heart- Dr. Baker • HPM Clinic	20	21	22
23	24	25 • Platte Valley- Dr. Varma	26 • ENT - Dr. Johnson • Audiology - Emma	27 • HPM Procedures	28 • Ortho - Dr. Wilkinson	29
30	1	2	3	4	5	6



Harlan County Health System
SCAN FOR Text Alerts

Step 1:
Scan this QR code
with your phone's camera

Scan me!

Step 2:
Sign Up Text Alerts!
Follow instructions on your phone



NEW TEXT ALERT SYSTEM

Encourage our community to sign up for text alerts! It's a new system we're using to promote new services and advertise upcoming events. Scan the QR code and enter your name & phone number. It's that simple!

A sign up sheet is on the bulletin board by the cafeteria so please write down your name if you plan to attend by April 10. All employees are welcome to bring one guest. Night shift, if you are working and would like food, please still sign up and indicate that you are working that night.

SAVE THE DATE

HCBS Employee Appreciation Dinner

04.29.2023



BUNNY BUTT MARSHMALLOW POPS

- Line a baking sheet with parchment, Put 4 1/2 ounces semisweet chocolate chips or wafers and 2 teaspoons shortening or coconut oil in a glass bowl and melt at 50 percent power in a microwave at 30 seconds intervals, stirring after each, until melted, about 1 to 2 minutes.
- Stick 12 yellow marshmallow bunnies (such as Peeps) onto 12 lollipop sticks. Dip the bunnies, one at a time, in the chocolate coating, spreading with a small spatula and tapping off the excess on the side of the bowl. Set the bunnies on the parchment-lined baking sheet and add halved mini marshmallows for tails. Refrigerate until set, about 20 minutes.
- Bunny face variation: Instead of the tail, add 2 small edible candy eyes. Attach a small orange jelly bean to each for a carrot. Halve small green jelly beans and snip the ends to resemble carrot tops and attach to the base of the carrot.

STAFF SHOUT OUTS!

- "Thanks maintenance for airing up my tire!" - Cheryl
- "Thank you Jessi for helping down in the clinic!" - Shannon
- "Danika, thanks for helping me with the shelves in materials." - Donna
- "Thank you Danika for helping fill in at the clinic!" - Shannon
- "Thank you Johanna for working extra & being flexible!" - Shannon
- "Clinic & Taylor, loved the Jeuveau & Juice night!" - April
- "Thank you Vickie for replenishing the ER kids cupboard."
- "Thank you to everyone for the thoughts & prayers for the Jutjeharms family." - Dusty
- "Kendra - thanks for doing extra for me when asked. (faxing, sorting, organizing)." - Danielle
- "Thank you Danielle L. for helping & staying late to help with our Jeuveau kick off night" - Shannon
- "Amy H. - thank you for dealing with the phone outage." - Danielle L.
- "Thank you Carla for always thinking of patients and staff needs." - Cheryl
- "Taylor thank you for making popcorn!" (For a staff meeting)- Haley
- "Lynda - thank you for staying late Monday 3-13!" - Haley
- "Mary - thanks for helping me get the shelves organized in materials." - Donna
- "Alicia - thank you for helping a patient get water while the reg girls were busy!" - Danielle L.
- "X-ray - thanks for not skipping a beat while Tonda is out of pocket!"
- "Joanna, thanks for working for me last week!" -Ramona
- "Candi - thank you for washing dishes for dietary!"
- "Thank you Erin & Brenda for letting me know I had a flat tire." - Cheryl
- "Jill - thank you for helping get the scrub order going!"
- "Thanks for all the hard work put in by my weekend warriors during my call weekends! Y'all truly are my other work family" - Paige Cornwell
- "Thank you Amy H. for helping with the phone outage!" - April



ALMA CHAMBER OF COMMERCE
PRESENTS

SPRING FLING

APRIL 8TH | 9-3

CRAFT FAIR & BAKE SALE
IN THE AUDITORIUM

FREE BATON SHOW
EVERY HOUR ON THE HOUR
IN THE AUDITORIUM

• FREE BATON LESSONS ALL DAY •

SALES & SAMPLES
AT PARTICIPATING BUSINESSES

HIDDEN PRIZE EGGS
IN THE MORNING AT LOCAL SHOPS

WAGON RIDES | 10:30-12 PM

EGG HUNT IN THE PARK | 1 PM

Soup Supper Fundraiser FOR UNDER THE UMBRELLA DAYCARE

APRIL 21 – JOHNSON CENTER

5 pm – 7 pm

Free will Donation

ALL PROCEEDS WILL GO TO UTU DAYCARE



DONATION DRIVE:

**** INDICATES HIGHLY NEEDED ITEMS***

- **Kid friendly step stools with sides (2)*
- **New nap size/travel pillows (25)*
- **Soap dispensers for the bathrooms (2 wall mounted)*
- Outdoor swing for toddlers (with back support)
- Printer paper
- Outdoor ball pump
- Outdoor basketballs, footballs, volleyballs
- Sidewalk chalk
- White dish cloths
- Can always use: hand soap, detergent, gift cards to Hogelands, snack items, Kleenex, toilet paper, paper towels, etc.
- **Swing for Otto outside.*
- **New dining room chairs (14"/not yellow/approx. 10)*
- **New flooring for bathrooms (2 bathrooms)*
- Lower sinks for bathrooms (2)
- New washing machine

Items can be brought to the hospital or dropped off at the daycare anytime. Our donation collection will end on April 21 at the supper and items can be brought that evening as well. Thank you all for your support!