

# MONTHLY PULSE

*The latest events, community news, and much more!*

## MONTHLY OBSERVANCES

- Dr. Seuss Day - Mar. 2
- World Hearing Day - Mar. 3
- Daylight Savings - Mar. 12
- Doctors Day - Mar. 30
- National Physicians Week - Mar. 25-31
- National Colorectal Cancer Awareness Month
- National Nutrition Month

## HAPPY HCHS ANNIVERSARY!

- Trista Schoen - Mar. 1 - 2 years
- Lisa Splattstoesser - Mar. 3 - 1 year
- Erin Laizure - Mar. 4 - 1 year
- Paige Waggoner - Mar. 9 - 12 years
- Jana Cochran - Mar. 14 - 43 years

## MONTHLY MEETINGS

- Foundation Meeting - Mar. 14
- Trustees Meeting - Mar. 20

## HAPPY BIRTHDAY!

- Janeice Imm - Mar. 15
- Danielle Landen - Mar. 29

## OTHER COMMUNITY EVENTS

- Alma Easter Egg Hunt - April 8 @ 1 PM
- Spring Fling - April 8
- Daycare Fundraiser - April 21 5-7 PM
- BRAN - June 5

## KAYLA RHYNALDS HIRED AS NEW CHIEF FINANCIAL OFFICER

We're excited to announce that we have officially hired, Kayla Rhynalds, as the new CFO of HCHS. She will begin on March 20 and we can't wait to see what she brings to the team!

Kayla has a Bachelor's Degree from Bellevue University in Business Administration with a minor in Accounting and is a Certified Hospital Financial Professional. She is from Minden, NE, where she worked at the hospital there for 9 years before she left to work in Grand Island at the the new hospital there, which is where she's been for the last 3 years now. Kayla joins us with the financial experience necessary to keep our organization moving in the right direction. She was also very active in the Minden community and we can't wait to see how she'll get involved in our community as well.

Kayla also has 3 kids and is married to a truck driver. They spend a lot of time at North Shore during the summer so they're very excited to permanently move here soon! Her oldest is a Senior in high school this year so they don't plan on moving until the end of the school year, but she's eager to begin once she arrives later this month. When you see Kayla around, be sure to make her feel welcome and help get her acquainted as much as possible.

## WELLNESS CENTER SURVEY

Would you utilize a community wellness center if it were readily available to you? The therapy department encourages you to take their brief survey. Your feedback will help determine if there's interest or not in the community to help support a project/service like this. The survey closes on March 31 and is anonymous. Please share with other community members!

<https://forms.gle/UwDRE3UG3TZgGxzQ8>



# MESSAGE FROM THE CEO

## *Greetings!*

Happy March!! I can't believe that the first two months of this year are past, but we will keep working hard and doing great things here at HCHS.

The Administrative Council team has been working on an employee satisfaction survey and I encourage you all to complete it. I have attached the link. The survey is 10 yes or no questions. It shouldn't take you too long to take it. If you respond with a No, a drop box will appear for you to elaborate on your response. This team has taken this survey very serious, and we value what you have to say. The only way to do better or improve something is to know about it, so please be open and honest as you complete the survey. The link below will take you to the survey, it has also been sent out by HR. The survey is confidential. Thank you in advance for taking the time to give us all feedback!

We've been working on lots of other new and amazing things. We can't wait everything to all align here soon and start sharing with the community about our accomplishments. We are such a great team and I'm so proud of everyone and the progress we've made thus far. Keep it up!!

Survey Link:

<https://app.smartsheet.com/b/form/a486f20bf8f34d6fa5e23ad742fb97d0>

**Sincerely,**

*Stacy Neubauer, RN, MHA*

Chief Executive Officer

# HCHS FOUNDATION

The Foundation is currently working on some fun new things! We have been looking into adding an electronic donor board, which will be displayed in the front lobby of the hospital. We also came out with new donor recognition levels and a new employee payroll deduct program. Information for both are located towards the end of the newsletter! We are still working on recruitment. We did add another new board member! Samantha Stuhmer will officially join us in April! Also, check out our new digital donor/advertising TV in the hospital lobby!

## Upcoming Events:

- Dueling Pianos - March 31 @Alma Golf Course
- 3rd Annual Golf Tournament - Aug. 19

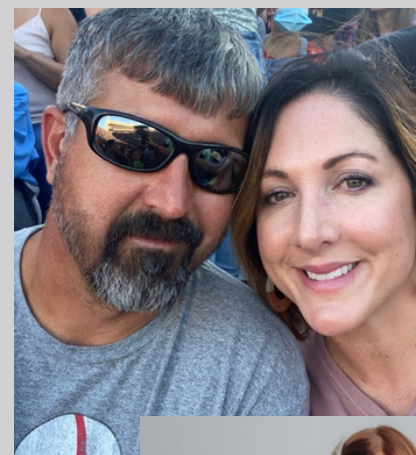
*We hope to see as many of you as possible at our events! Your support means a lot and it shows you care if you're in attendance when you can.*



## ● EMPLOYEE SPOTLIGHT: *Haley Booe*

- This month's employee spotlight is, Haley Booe! Haley has been with
- HCHS for almost 2 years and is the Director of Outpatient and Per-
- Operative Services. When asked what she loves about her job she said, "So
- many things that I love, nursing is a profession that never stops giving, you
- learn new things every day and the opportunity to care for others gives me
- purpose, as their nurse, my job is to make them feel safe, comfortable, and
- cared for. The patients and HCHS team also make it easy to love my job!"
- Haley is also actively involved in our Service Excellence team and
- Administrative Council. When she's not at work, she enjoys spending time
- with family and friends. If she could pick a superpower, she'd choose the
- ability to travel back in time. One she cannot resist is Dragonfly! She enjoys
- their Vanilla Chai Lattes (If you're ever feeling generous!) Lastly, if she could
- travel anywhere, she wouldn't have a preference...as long as it's vacation,
- she's down to go wherever!

Thank you, Haley, for all that you do for HCHS! We're happy to have you on our team and appreciate your hard work and dedication every day.





# #NEUROTOX IS HERE!

*Jeuveau Now Available at HCHS.*



## \$10/UNIT

Neurotoxin, similar to Botox, that is injected into the face. The purpose is to soften/improve fine lines and wrinkles on the face.

Appointments available Tues/Thurs



## PAIN MANAGEMENT

# COMING SOON!

## MARCH 15



COMING SOON!

## 3D Mammo

[www.harlandcountyhealth.com](http://www.harlandcountyhealth.com)



# WE ARE HIRING

## AVAILABLE POSITIONS

- RN (Night Shift)
- PRN Dietary
- PRN Physician Assist. or Nurse Practitioner
- Lab Manager
- PRN MLT or MLS
- PRN MA, LPN, or RN
- Patient Care Tech (FT)

*Apply through Indeed, or fill out an employment application.*

# “

**IT'S NEVER TOO LATE  
TO BE WHAT YOU  
MIGHT'VE BEEN.**

**-GEORGE ELIOT-**

Happy  
Doctor's  
Day

MARCH 30



On March 30th each year, National Doctors Day honors the professionals for their dedication and contributions to society and the community. Their dedication puts the patient first time and again. On National Doctors Day, we say "thank you" to our physicians for all that they do for us and our loved ones.

Thank you, Dr. Finkner, for all that you do for our community and your patients. Your hard work and dedication to HCHS does not go unnoticed and we're grateful to have you on our team!

## DOCTOR FUN FACTS!

1. The average doctor has 40,000 hours of training.
2. There are about 1,062,205 doctors in the United States.
3. 65% of those doctors are male.
4. However, there are more female pediatricians than male pediatricians.
5. Experts predict that by 2030 the United States will have 122,000 unfilled jobs for doctors.
6. The average age for graduation from medical school is 28.
7. The age group with the largest number of practicing doctors in the U.S. is 55-64.

## UPCOMING SCHOOL EVENTS:

Spring  
Break



### Alma Cardinals

- Mar. 3- No School - Spring Break
- Mar. 10 - No School - Spring Break
- Mar. 13 - Senior Blood Drive
- Mar. 24V Golf Triangular (SV & Bertrand)
- Mar. 30/31- FFA State Convention
- Mar. 31 - V Track @ Hi-Line Invite

# HCHS REHAB

Congratulations to PTA, Tora Knaus, for running in the Las Vegas Rock 'n' Roll 10K race this last month. Way to represent HCHS & Nebraska well. We're proud of you!



## MARCH IS COLON CANCER AWARENESS MONTH!

**45 IS THE  
RECOMMENDED  
SCREENING AGE.**

**TALK TO YOUR DOCTOR  
ABOUT WHEN YOU SHOULD  
START SCREENING.**



- Mar. 2/3 - No School - Spring Break
- Mar. 18 - V Track @Cambridge Relays
- Mar. 28 - HS Golf @ Cambridge
- Mar. 30/31 - State FFA Convention
- Mar. 31 - HS Track @ Hi-Line Invite

SO. Valley  
Eagles





# OUTPATIENT SERVICES - MARCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 • Podiatry - Dr. Moore • Cardiology - Dr. Dassouki	2	3	4	5
6 • NHI - Dr. King	7 • Dietary	8 • Ortho - Adam S.	9 • Nuc. Medicine	10	11	12
13 • General Surgery - Dr. Walsh	14	15 • Bryan Heart - Dr. Baker • HPM Clinic	16	17 • Urology - Dr. Santa Cruz	18	19
20 • General Surgery - Dr. Walsh	21 • Oncology - Dr. Hartl	22 • ENT - Dr. Johnson • Audiology - Emma	23 • Nuc. Medicine	24 • Ortho - Dr. Wilkinson	25	26
27	28 • Platte Valley - Dr. Varma	29	30	31	308.928.3001	

Harlan County Health System  
SCAN FOR Text Alerts

Step 1:  
Scan this QR code  
with your phone's camera

Scan me!

Step 2:  
Sign Up Text Alerts!  
follow instructions on your phone



## NEW TEXT ALERT SYSTEM

Encourage our community to sign up for text alerts! It's a new system we're using to promote new services and advertise upcoming events. Scan the QR code and enter your name & phone number. It's that simple!



## AVOCADO SALAD RECIPE

Ingredients:

- 2 avocados, diced
- 1 bell pepper, diced
- 1/2 cup each: diced onion and tomato
- 3-4 tbsp cilantro (omit if desired)
- juice of 1 lime
- 1/8 tsp salt, and black pepper to taste if desired
- optional 1/2 cup black beans or diced cucumber

Mix everything together & Serve!

\*Turn it into a main meal by adding a protein source - traditional summer avocado salads sometimes call for chicken, shrimp, or salmon

A sign up sheet will be placed on the bulletin board by the cafeteria so please write down your name if you plan to attend. All employees are welcome to bring one plus one as well. Night shift, if you are working and would like food, please still sign up and indicate that you are working that night.

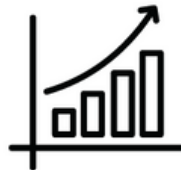
# SAVE THE DATE

HCBS Employee Appreciation Dinner

04.29.2023



# EMPLOYEE 'PAY IT FORWARD' PROGRAM



## ABOUT THIS PROGRAM

Donations that are received help fund projects that promote a higher quality of health for our employees and community. Employees are encouraged to donate a minimum of \$1/pay period, which amounts to \$24/year and approximately \$.06/day. Your donation will automatically be taken out of your paycheck each pay period for an efficient experience.

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## HOW TO SIGN UP

Fill out the necessary paperwork with Taylor.



*Quality Care...  
Building on Excellence*

**Yes! I want to support the Harlan County Health System Capital Campaign.**

Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

**I commit to a total contribution of \$ \_\_\_\_\_, to be paid over \_\_\_\_\_ years:**

☐ Bi-Monthly

☐ Cash      **Installments of \$ \_\_\_\_\_**

☐ Monthly

☐ Check: # \_\_\_\_\_

☐ Quarterly

☐ Credit Card: # \_\_\_\_\_

☐ Yearly

Expiration Date: \_\_\_\_ / \_\_\_\_      3-digit Security Code: \_\_\_\_

☐ Now

☐ Automatic Bank Debit (ACH)

☐ Other: \_\_\_\_\_

☐ Payroll Deduct

☐ I would like to visit with a representative from Harlan County Health System Foundation about the possibility of an Estate Gift.

I would like my first pledge payment to be due on \_\_\_\_\_.

Dated: \_\_\_\_\_ Signature: \_\_\_\_\_

**Thank you! How may we recognize your generous gift?**

☐ Please list me/my family's name as: \_\_\_\_\_

☐ I prefer that my gift be anonymous.

☐ My gift is in honor of \_\_\_\_\_

Please notify them at this address: \_\_\_\_\_

☐ My gift is in memory of \_\_\_\_\_

Please notify the Family: \_\_\_\_\_

at this address: \_\_\_\_\_



# STAFF SHOUT OUTS!

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- "Thanks to Charity for all your assistance on charges."
- "Thank you Vickie for always picking up extra shifts (nights)" - Jana
- ""Trista - Thank you for your help with PA's - Appreciate you!" - Haley
- "Brittany - Thank you for your help with the US Machine! You're the best!" - Haley
- "Thanks Christel for a great month on upfront collections on procedures"
- "Thanks Scottie for the awesome meals you've been cooking!"
- "April - thank you for helping me with order sets! You're the best!!" - Haley
- "Thanks Paige W. for clearing off ice chunks that fell off the roof where patients walk."
- "Good job Christel for making a patient happy after going over his bill with him!"
- "A huge thanks to the entire ER staff that assisted me with a dislocated finger. Our community is so lucky to have such a wonderful staff!!" -Louis & Becky Hays
- "Cheryl thanks for your help w/ my MOR report" - Karen
- "Huge shout out to Jane for covering for me while on vaca" - Danielle
- "Thank you to all staff that's picked up for me the last few months due to my illness. I can't thank you enough" - Amy Bradley
- "Thank you Joanna for helping us on short nights! Appreciate your help! - Jana
- "Amy H. Thank you for scooping all the snow several times during the night."
- "Jane thank you for all your work on prior auths! Much appreciated!" -Haley
- "Thank you Vickie for riding the ambulance! You are awesome."
- "Thank you to Vickie for all you do!"
- "Thank you Danielle & Haley for filling in for Karen!"
- "Thanks to Service Excellence & Carla for Taco Tuesday & Candy Cart!" -April
- "Thank you Jane for going above & beyond!"
- "Taco Tuesday was delicious. Thank you Carla & Scott" - Lorelle
- "Diane thank you for helping me w/ quality" - Karen
- "Donna thank you for all your hard work & working with me to get all the things" - Haley