ISSUE 42

NOVEMBER 2023

Harlan County Health System

MONTHLY PULSE

The latest events, community news, and much more!

MONTHLY OBSERVANCES

- Daylight Savings Day - Nov. 5
- Veteran's Day - Nov. 11
- World Diabetes Day - Nov. 14
- National Rural Health Day - Nov. 16
- Thanksgiving - Nov. 23
- Black Friday - Nov. 24
- National Radiologic Technology Week - Nov.
- National Nurse Practitioner Week - Nov.
- National Diabetes Month
- National Lung Cancer Awareness Month

HAPPY HCHS ANNIVERSARY!

- Brooke Langley - Nov. 1 - 11 years
- Kylee Noonan - Nov. 1 - 11 years
- Christel Wilson - Nov. 4 - 10 years
- Carla Mapes - Nov. 6 - 6 years
- Karen Wright - Nov. 8 - 23 years
- Paige Cornwell - Nov. 12 - 2 uears
- Charity Kindler - Nov. 19 - 9 years
- Jane Robison - Nov. 20 - 15 years
- Scott Bruehahn - Nov. 21 - 1 year
- Devon Redinger - Nov. 30 - 3 years

MONTHLY MEETINGS

- Board of Trustees Meeting - Oct. 16
- Leadership Meeting - Oct. 17

HAPPY BIRTHDAY!

- Katherine Mason - Nov. 1
- Brooke Langley - Nov. 3
- Doris Brandon - Nov. 5
- Amy Bunch - Nov. 6
- Gina Pritchard - Nov. 9
- Connie Lans - Nov. 16
- Matthew Kostel - Nov. 17
- Devon Redinger - Nov. 17
- Cassie Cervera - Nov. 25
- Diane Fegter - Nov. 25
- Dr. Finkner - Nov. 27
- Andrea Schick - Nov. 27
- Kelci Winder - Nov. 30

OTHER UPCOMING COMMUNITY EVENTS

- Husker Tailgate Party - Nov. 4
- Employee Forums & Town Hall - Nov. 8
- Shop Small Saturday - Nov. 25
- Santa Coming to Town - Dec. 9

We are pleased to announce the new addition of Internal Medicine Physician, Dr. Dakota Dreher. Dr. Dreher, a board-certified physician in Internal Medicine, began his work at Norton County Hospital and Norton Medical Clinic in September 2022. He is originally from Norton. He graduated high school in 2011 and went on to attend the University of Kansas, where he received a bachelor's degree in cellular biology through the KU Honors Program. Dr. Dreher attended the University of Kansas School of Medicine-Wichita campus. He completed his Internal Medicine Residency at Saint Louis University Hospital. He has an interest in blending primary care with his role as an internist. Outside of his work, Dr. Dreher enjoys outdoor activities such as running, biking and hiking.

Congratulations to, Haley Booe, for receiving the Caring Kind award today at the NHA Caring Kind Awards banquet in Lavista! Haley goes above and beyond every day for our patients so this award was very deserving. Way to represent Harlan County Health System!

MESSAGE FROM THE CEO

Hello!

I hope this update finds you well. As we move into the final months of 2023, I am very pleased with the accomplishments we've had throughout this year. One of our primary focuses has been physician recruitment, and I am thrilled that Dr. Dreher has recently joined our team at the clinic. Dr. Dreher brings some great experience, and we are confident that his presence will further strengthen our medical services.

Looking ahead to 2024, we are still actively exploring opportunities to expand our services and meet the evolving healthcare needs of our community. While specific details are still in the works, we are enthusiastic about the prospect of introducing new offerings. Rest assured, we will keep you updated as soon as we have more information to share.

In the spirit of fostering teamwork and camaraderie, I encourage everyone to attend the Husker tailgate party on November 4th! It will be a fun-filled event where we can relax, enjoy each other's company, and celebrate our achievements together. Additionally, I invite you to participate in one of the upcoming employee forums scheduled for November 8th. These forums provide an excellent opportunity for open dialogue, allowing us to address any concerns, share ideas, and collaborate on making our workplace even better.

I also want to take a moment to express my gratitude to all of you for your dedication and hard work. Your commitment to our organization has been instrumental in creating an exceptional environment for our patients and guests. Your efforts have truly made our healthcare facility a welcoming and caring place.

As we continue to grow and evolve, I am confident that with our collective efforts, we will achieve great success. Thank you for your ongoing dedication and hard work. Let's make the rest of 2023 and the coming year a period of even greater accomplishments and positive impact on the lives of those we serve.

Sincerely,

Stacy Neubauer, RN, MHA

Chief Executive Officer

HCHS FOUNDATION:

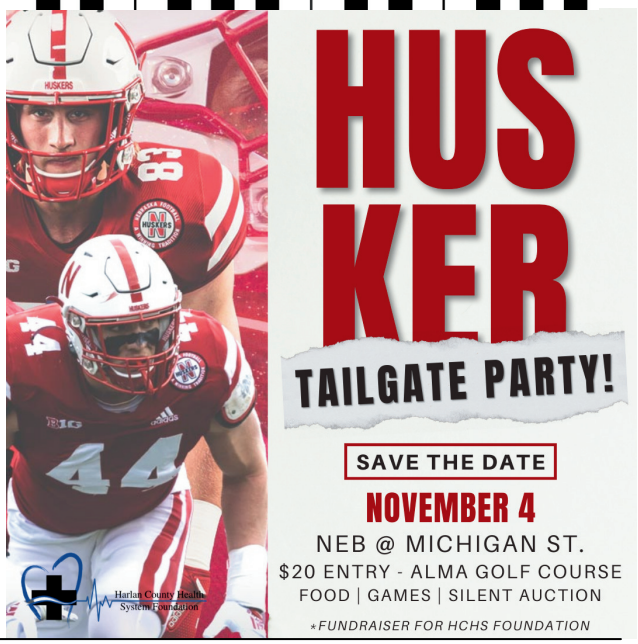
Thank you to all who supported our Texas Roadhouse Rolls fundraiser again. Although we didn't profit as much this year, we are still grateful for what we were able to bring in. We are also hosting a Husker Tailgate Party on November 4 for the Michigan State game! Entry is $20 and we will have complimentary appetizers and we will also have a 50/50 raffle going on throughout the game. Don't miss out on either of these!!

Lastly, SAVE THE DATE for Dueling Pianos on March 15, 2024!! We had such a blast with this fundraiser, that we decided to do it again. Tickets & tables will be available to purchase in December.

Upcoming Events:

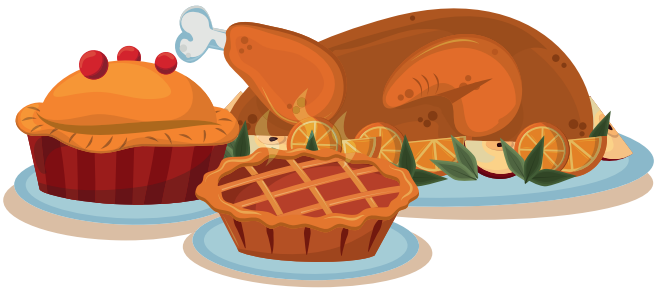
- Texas Roadhouse Rolls Fundraiser - Orders due by Oct. 13
- Husker Football Watch Party - Nov. 4 - Time TBD
- Dueling Pianos - Mar. 15, 2024

We hope to see as many of you as possible at our events! Your support means a lot and it shows you care if you're in attendance when you can.



Enter for a chance to win a prize!

What is your favorite Thanksgiving dish? Email your response to Taylor. Winner will be drawn Nov. 13.



DEPARTMENT SPOTLIGHT: *Housekeeping*

1. Most likely to move into the woods & never talk to a human again... Candi
2. Most likely to cancel plans at the last minute... Erin
3. Most likely to forget where they parked... Brenda
4. Most likely to accidentally fart in an elevator full of people... Brenda or Julie
5. Most likely to get into shenanigans... Julie
6. Most likely to own a unicorn onesie... Toby

Harlan County Health System

November

OUTPATIENT SERVICES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 • Cardiology - Dr. Dassouki • Podiatry - Dr. Moore	2	3	4
5	6 • NHI - Dr. Kosmicki	7 • Dietary • Pain Management	8	9 • Nuc Med • Pulmonology - Dr. Cantral	10	11
12	13 • Surgery - Dr. Walsh	14	15 • Pain Management	16 • Ortho - Dr. Wilkinson	17 • Urology - Dr. Santa Cruz	18
19	20	21 • Dietary • Oncology - Dr. Hartl	22 • ENT - Dr. Johnson • Audiology - Emma	23 HAPPY thanks giving	24	25
26	27 • Pulmonology - Dr. Ghosh • Surgery - Dr. Wheeler	28 • Cardiology - Dr. Varma	29 • BHI - Dr. Baker	30 • Pain Management	1	2

Join Our Team!

Harlan County Health System

Are you looking for an exciting opportunity to join a growing team? We have some great opportunities for caring, motivated, and hardworking individuals to join our team.

Open Positions

- Patient Care Technician
- Quality/Risk Manager
- Medical Laboratory Technician (MLT)
- Cook/Dietary Aide
- LPN or RN (Night Shift)
- RN/LPN (Clinic)
- Outpatient/Surgery RN

APPLY NOW

Send Your Resume To:
jdonohoe@harlancohealth.org

New service

MENTAL HEALTH PROGRAM

Appointments available now!

Available every Thursday (all day).

Dr. Clint Webb

Harlan County Health System

308.928.2103

HCHS THERAPY

Harlan County Health System

1,000

Impacts during each of the last two months (August & September) in all therapy disciplines (PT, OT, & ST).

Therapy has had an excellent few months! Between all disciplines, 1,000 impacts were made in August and again in September. These are awesome numbers and really bring the growth we've seen into perspective.

On Nov. 7, we are hosting a baby shower for our Physical Therapist, Carli Whetstine! It will be at 2 PM in the dining room. Carli is registered at Target & Amazon. Come celebrate with us and help Carli & her husband prepare for their new bundle of joy that is set to arrive sometime this month!

UPCOMING SCHOOL EVENTS:

Alma Cardinals

- V CC (RPAC) @ Home - Oct. 5
- JV/V Vball vs Hi-Line (Senior Night) - Oct. 6
- V Fball vs Hi-Line (Senior Night) - Oct. 6
- 10 AM Late Start - Oct. 11
- 2 PM Dismissal - Oct. 19
- No School (Fall Break) - Oct. 20

SO. Valley Eagles

- V Fball vs Alma (Senior Night) - Oct. 13
- SV Blood Drive - Oct. 18
- V Vball vs Wilcox-Hildreth - Oct. 19
- No School (Fall Break (Oct. 27)

Taylor Wright

APRN, FNP-C

Bringing IV Therapy & its benefits to the Harlan County Area!

Upcoming Availability:

- Nov. 11: 8 AM - Noon
- Nov. 22: Starting @5 PM

308.777.2476

Elevate Health IV Therapy

PRICE LIST

IV Cocktail Menu

Reboot - mineral complex, vitamin B complex - $110

Reboot Plus - mineral complex, vitamin B complex plus zofran - $115

Immunity - vitamin C, vitamin B complex, zinc - $135

Get up & Go - amino acid complex, vitamins b complex - $135

Quench - vitamin c, vitamins b complex , mineral blend - $135

Performance & Recovery- amino acids, vitamin C, B complex, mineral blend- $150

Myer's - the boss for overall wellness - $175
includes calcium, magnesium, B complex, vitamin C, vitamin B12

IV consultation without infusion $50

Add ons

Extra bag of fluids - $25

Zofran - $15

** HSA eligible for most insurances

Harlan County Health System

THANK YOU

for your support

The Hospital Auxiliary

A huge THANK YOU is in order for this amazing community of ours. Last month, the HCHS Auxiliary raised $13,000 from their annual Fall Bazaar event!! We are absolutely blown away from the generosity and support that was received. We greatly appreciate all of you that were in attendance, those that sent donations or contributed in some fashion, and all of the ones who helped throughout the day and/or spent months working in preparation for this big day. We can't thank you enough and look forward to next year! Proceeds will be used to purchase patient lifts for the inpatient area.

MONTHLY MOTIVATION

"SOME SUCCEED BECAUSE THEY ARE DESTINED TO, BUT MOST SUCCEED BECAUSE THEY ARE DETERMINED TO."

HENRY VAN DYKE

"COOKIE MONSTER" JETT - BAKING COOKIES & PUMPKIN CARVING

Our new volunteer, Jett, and his para have been coming every afternoon and helping out in the kitchen! Last month he baked some yummy cookies for staff and decorated a pumpkin to enter into the pumpkin contest.

Harlan County Health System

DRESS LIKE
DR. FINKNER
DAY!

MONDAY, NOV. 28

SPORT YOUR BEST DR. FINKNER ATTIRE TO CELEBRATE ONE OF OUR FAVORITE DOCS & HIS BIRTHDAY (NOV. 27)!

Harlan County Health System

Radiologic Technology Week

An annual celebration to recognize the vital work of medical imaging and radiation therapy professionals in patient care and health care safety.

NOVEMBER 5 - 11

National Rural Health Day

Celebrating the **Power of Rural!** ®

THURSDAY, NOVEMBER 16, 2023

Nurse Practitioner Week

November 13 -19

Harlan County Health System

Harlan County Health System

HCHS SPOOKTACULAR
PUMPKIN
CARVING CONTEST

National Diabetes Month

Harlan County Health System

Diabetic Education:
308.928.2103

WE INVITE YOU TO THE

HARLAN COUNTY HEALTH SYSTEM

TOWN HALL MEETING

November 8

5:00 PM

Heartland Family Medicine Clinic

AGENDA:

1. Welcome
2. Dr. Finkner - Future of HCHS
3. What is Pain Management?
4. 2023 Recap & 2024 Goals
5. Marisa Gulizia - PT/Wellness
6. Financial Update
7. New Services
8. Q&A

For questions, call:

308.928.2151

Harlan County Health System

*in*Reach
HEALTH

Join us in our Second Annual FALL Food Drive!

Help make an impact in your local community.

We will be collecting food items From October 16th – November 19th. Check with your local pantry to see what food items are needed. All locations will be asked to count donated items and send pictures

The location with the highest donation average will receive a gift!

Thank you from the *in*Reach Health Charity Committee

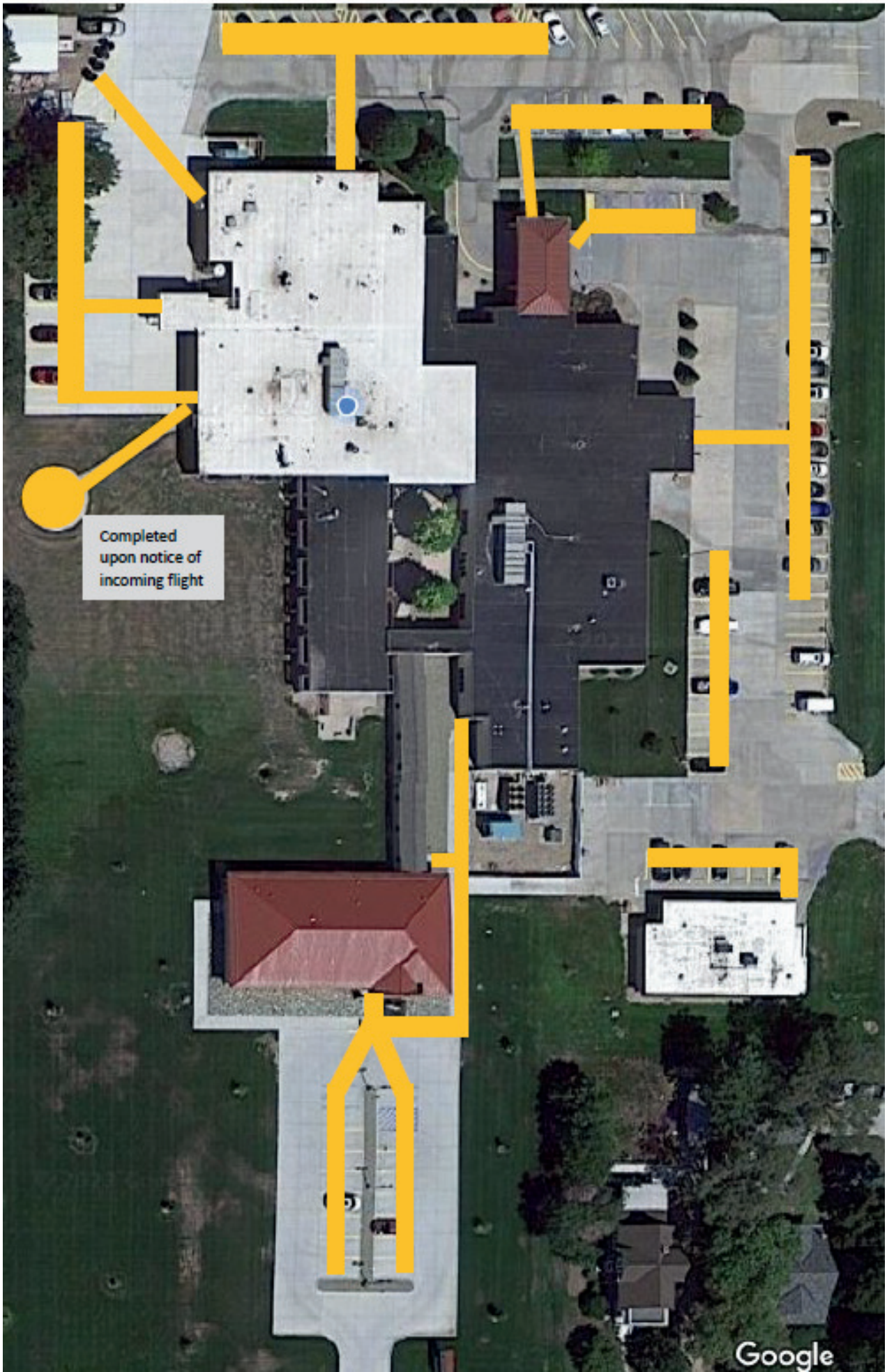
Together making a difference!

For more information, please contact Elenna Cowen or Joanne Barwick

elennaleininger@outlook.com

joanneb@irhealthcare.com

Ice Melt Placement



PLEASE JOIN US FOR A

Baby Shower

HONORING

Carli Whetstine

NOVEMBER 7

2:00 PM

HOSPITAL CAFETERIA

REGISTERED AT TARGET & AMAZON