

# MONTHLY PULSE

*The latest events, community news, and much more!*

## Upcoming Events

- Groundhogs Day - 2/2
- Wear Red Day - 2/4
- Valentine's Day - 2/14
- Random Acts of Kindness Day - 2/17
- National Patient Recognition Week - 2/1-2/7
- National Heart Awareness Month

## HAPPY HCHS ANNIVERSARY!

- Ronda Noren - 2/1 - 56 years
- Diane Fegter - 2/4 - 42 years
- Johanna Popple - 2/5 - 3 years
- Sierra Bruce - 2/8 - 1 year
- Janeice Imm - 2/13 - 44 years
- Doris Brandon - 2/18 - 2 years

## MONTHLY MEETINGS

- Foundation Meeting - 2/8
- Trustees Meeting - 2/21

## HAPPY BIRTHDAY!

- Lisa Howsden - 2/8
- Taylor Molzahn - 2/9
- Jessi Zade - 2/9
- Danielle Bonnicksen - 2/26



## HCHS HOSTS TELEDIGM HEALTH OPEN HOUSE

Last month we hosted an open house for our new telemedicine program through Teledigm/Bryan Health! It was great turnout and seemed to get a lot of buzz. These services allow for us to hopefully keep more patients close to home, rather than having to transfer them to larger facilities. Thank you to all the staff that attended. Your support is greatly appreciated and we hope you share the wonderful news with your family and friends!



*Andy, from Teledigm, presents to guests.*

## NEW TELEMEDICINE SERVICES SUCCESSFULLY UTILIZED

HCHS's new telemedicine pulmonology services led to a great success for one of our recent patients! Normally, a patient in the same situation would've been transferred to a larger facility right away, but our new Teledigm health services allowed for us to treat this patient locally in our facility. Our nurses, along with the pulmonologist via telemedicine from Bryan Health, were able to treat and stabilize this patient on their own. The same pulmonologist then did rounds on them the next day. This is a major addition to HCHS, as we're able to provide services that were once impossible for our rural facility.

Shout out to the employees that helped with this case! This is such an awesome experience and it's amazing to be able to help high risk patients like this now. Way to go team!

FROM THE DESK OF  
**DR. PATRICK AUMAN**  
CHIEF EXECUTIVE OFFICER

Dear HCHS Team,

State of the Hospital Report – 2021 Year End

Another year has come and gone for us here at Harlan County Health System. In fact, a successful one at that. When looking through financials and comparing years 2020 vs. 2021, there was a significant improvement in all areas analyzed. I had the pleasure of presenting these wonderful numbers to the HCHS staff, Hospital Board of Trustees, and the County Supervisors. All of which, were very pleased and impressed with the amount of progress that was made within a year, especially during another pandemic year.

From 2020-2021, we have seen approximately a 31% increase in total patient revenue. Admissions have been up in all areas. Also, throughout various departments, an almost 9,000 additional procedures were done! And most importantly, our net operating income was positive, which is a solid position for a nonprofit organization.

These numbers are a clear indication of a successful year and we're proud to be where we are. You have all shown a great deal of progress and determination to get where we are now. I only see these numbers to continue going up in the years to come due to the wonderful services we've recently added and others we are hoping to add as well.

## Key Operating Indicators – Business Development\*

*\*= These numbers are subject to the annual external audit process as per protocol.*

Statistic	2021	2020	Variance
Total Patient Revenue	13,531,946	9,299,261	4,232,685
Net Patient Revenue (after contractual adjustments)	11,880,850	9,157,108	2,723,741
Total Operating Revenue (includes Misc. rev, 340B, etc.)	12,271,649	9,686,565	2,585,084
Net Operating Income (after expenses)	233,344	(587,003)	820,347
Admissions	168	94	74
Patient Days	834	575	259
OP Visits (includes ED, OP Clinic)	2,949	1,970	979
Department Procedures (ED, Lab, Radiology, Therapy, etc.)	45,651	36,747	8,904

Best Regards,

*Dr. Patrick Auman*

Chief Executive Officer  
HCHS

# HCHS FOUNDATION

Spread love, not germs this Valentine's Day! As a fundraising opportunity, the Foundation sold single roses w/ Ghirardelli chocolates for \$20. Thank you to all who participated!

## Other Upcoming Events:

1. Trivia Night - Date TBD
2. HCHS Foundation Scramble  
August 13 - Alma Golf Course

Lots of fun activities coming up for the Foundation! We hope to see as many of you as possible at these events.

## EMPLOYEE SPOTLIGHT: *Jane Robison*

- This month's employee spotlight is, Jane Robison! She
- has been a part of HCHS for nearly 14 years and is
- currently a Patient Care Technician/Registration. She
- loves working with all of the patients and the various
- employees she gets to work with in the ER. Jane is also a
- member of the hospital Auxiliary! In her free time, she
- enjoys spending time with her grandkids or in her
- greenhouse that's full of succulents! If she could choose
- one superpower, she'd love to be able to clone herself so
- she could work and spend time with family/friends at the
- same time. Her weakness is a cold diet coke and she
- hopes to one day travel to Nashville & Alaska! Thank you
- for your dedication to HCHS, Jane!



SPREAD  
Love  
NOT  
GERMS!



# *the* **HARLAN** **HERO** *of the month*

*Please remember to submit  
your Harlan Hero  
nominations each month!  
Nominations for next month  
will be collected on February  
25th so please get yours  
submitted prior to that date,  
otherwise they'll be carried  
over for the following month.*

“

**EVERY  
ACCOMPLISHMENT  
STARTS WITH THE  
DECISION TO TRY.  
JOHN F. KENNEDY**

This month's Harlan Hero is  
**Brenda Losey!** Thank you for  
your hard work and dedication to  
HCHS. ***Congratulations!***

## Other Nominees:

- Jana Cochran
- Cheryl Saathoff
- Sam Dietz
- Paige Waggoner
- Season Kerns
- Sierra Bruce
- Amy Hanchett
- Karen Wright
- Candi Randall



## **AVAILABLE POSITIONS**

- Night RN
- Case Manager/RN
- PRN Dietary
- Housekeeper
- Patient Care Tech

*Apply through Indeed,  
Facebook, or fill out an  
employment application.*

# APRIL EINSPAHR BECOMES CERTIFIED IN HUMAN RESOURCE MANAGEMENT

April Einspahr of Harlan County Health System successfully completed her certification for The Society of Human Resources Management (SHRM-CP). The Society for Human Resource Management creates better workplaces where employers and employees thrive together. SHRM is the foremost expert, convener and thought leader on issues impacting today's evolving workplaces. This credential is designed for HR professionals who are engaged primarily in operational roles—implementing policies, serving as the HR point of contact for staff and stakeholders, and/or performing day-to-day HR functions.



# AMANDA SPADY BECOMES WOUND CARE CERTIFIED!



Congratulations to, Amanda Spady, for completing the Wound Treatment Program through UNMC! This now makes her a Wound Treatment Associate, which means she is able to help better assess and document wounds, provide education regarding pressure injury prevention and utilization of Braden Scale, staging pressure injuries, compression therapy, wound vacs, and assisting with topical dressing treatments for wounds. The 12-week program consisted of 15 course modules, 2 exams, and a hands-on simulation day.

## UPCOMING COMMUNITY EVENTS :

- March 14th: Blood Drive @ APS
- *Save the Date* - April 16th: Spring Fling/Easter Egg Hunt

## UPCOMING SCHOOL EVENTS:



### Alma Cardinals

- 2/4 - HS Bball vs. SO Valley
- 2/10 - 1 PM Dismissal
  - Parent/Teacher Conferences
- 2/11-2/12 - District Wrestling @Maxwell
- 2/18 - Winter Break

- 2/8 - HS Bball vs. Gibbon
- 2/10 - Parent Teacher Conferences
- 2/16 - RPAC Speech @Medicine Valley
- 2/18 - Spring Break
- 2/24 FF Hamburger Feed

**SO. Valley  
Eagles**



# Preventing Covid-19



## CURRENT COVID REGULATIONS

1. Only 1 visitor allowed per patient throughout their entire stay
2. ALL employees & visitors must wear a mask to enter our facility
3. Remember to be screened at the start of each shift

## STAY CONNECTED THIS WINTER

"Feeling isolated from others can disrupt sleep, elevate blood pressure, increase morning rises in the stress hormone cortisol, alter gene expression in immune cells, increase depression and lower overall subjective well-being."

-U Chicago News.

### • Address Any Underlying Health Issues

"Being proactive about your health can help you feel better on a day-to-day basis. What's more, it can diminish the social anxiety related to hearing, vision, or continence concerns."

- aPlaceforMom

### • Enlist Family, Friends, & Neighbors

Enlist the help of those nearby' able to visit in person, or stay connected by email, phone, or even video. Make a plan, and seek education on how to use video systems prior to cold weather setting in.

- caregiver.com

### • Connect with Local Resources

Prepare for the worst, and hope for the best! Make sure to collect information on food delivery services, transportation services, and your local Area Agency on Aging for any other resources.

- The National Council on Aging

You are not alone. If you would like more information, education, or would like to discuss support, please call: (308) 928-2128



## AMERICAN HEART MONTH

February

*Heart Disease - #1 Leading Cause of Death in U.S.*

February is American Heart Month, a time when all people can focus on their cardiovascular health. Heart disease is a leading cause of death for both men and women in the United States. Most middle-aged and young adults have one or more risk factors for heart disease, such as diabetes, high blood pressure, high cholesterol or being a smoker or overweight. The more risk factors you have, the higher your risk for heart disease.

When we take care of #OurHearts as part of our self-care, we set an example for those around us to do the same.