

# MONTHLY PULSE

*The latest events, community news, and much more!*

## Upcoming Events

- New Years Day - 1/1
- Alzheimer's Disease Awareness Month
- Glaucoma Awareness Month
- Cervical Health Awareness Month
- National Birth Defects Prevention Month
- National Blood Donor Month
- Thyroid Awareness Month

## HAPPY HCHS ANNIVERSARY!

- Renae Pool - 1/4 - 14 years
- Connie Lans - 1/6 - 1 year
- Roxanne Lush - 1/14 - 2 years
- Dr. James Long - 1/21 - 2 years
- Taylor Molzahn - 1/21 - 3 years

## MONTHLY MEETINGS

- Foundation Meeting - 1/11
- Trustees Meeting - 1/17

## HAPPY BIRTHDAY!

- Toby Thulin - 1/13
- Craig Farlee - 1/13
- Joanna Martin - 1/27



## NEW FEMALE DOCTOR TO ASSIST IN HFM CLINIC



*Dr. Brooke Sciuto*

Starting in January, Dr. Brooke Sciuto, will begin assisting a few times a month at the Heartland Family Medicine Clinic. Dr. Sciuto is a traveling physician, but we look forward to utilizing her on our busier days when she's here. She received her Doctor of Medicine in 2010 from Uniformed Services University of the Health Sciences (USU) and completed her Residency in Family Medicine in 2013 at the David Grant Medical Center on the Travis Air Force Base. Dr. Patrick A. Auman, CEO, stated, "The need for someone in Family Medicine, with an interest in Women's Health was strongly emphasized when the search began for potential candidates. I'm very pleased to have Dr. Sciuto join us and be able to offer another doctor for our patients to see." We believe Dr. Sciuto will make a great addition to our provider team and we look forward to building a great relationship with her!



Dr. Chris  
**WILKINSON**  
ORTHOPEDIC SURGERY &  
TOTAL JOINT REPLACEMENT



**CLINIC BEGINS JANUARY 12, 2022**

*Onsite 2nd Wednesday Every Month.*

**Schedule Appointment - 308-928-3001**

FROM THE DESK OF  
**DR. PATRICK AUMAN**  
CHIEF EXECUTIVE OFFICER

Dear HCHS Team,

Happy New Year! I hope you all had a safe and happy holiday season with your loved ones. I'm looking forward to another successful year with you all and continuing to expand our capabilities here at HCHS.

2021 was a great year overall. Many new services were added to our Outpatient Clinic, we survived another troubling year of COVID-19, we began having scopes again, new faces were added to our team, and many more exciting things! You all played a key role in our success and I appreciate your hard work.

This month, we are hosting an open house for our new telemedicine program through Bryan Health. The event will take place on Tuesday, January 25. Presentations will be given at 12:15 PM and 1:30 PM. A representative of Bryan Health will be giving demos on how the program works and be able to answer any questions you. I highly encourage you all to attend if you are able to. This is very exciting new addition to HCHS and I'd love for you all to be knowledgeable about these services so you can share the great news with our community! This month we will also be having Dr. Sciuto assisting in the clinic to help with the recent jump in patient volumes. She will be onsite January 13, 14, 27, & 28, February 24 & 25, March 24 & 25. Her focus is family medicine and women's health, which will be a great addition to our facility!

Lastly, this year's 1.5% inflation raise will go into effect during the second pay period of this month. This is across the board for all employees. Please be sure to check your paystubs at the end of the month to ensure it was processed correctly.

Let's start the year off with great momentum and keep it going in the months to come. We've got a lot more potential to achieve this year!

Best Regards,

*Dr. Patrick Auman*

*Chief Executive Officer  
HCHS*

# HCHS FOUNDATION

The Foundation is back and we're excited to announce our first fundraiser of 2022! Please join us on Saturday, February 19, at the Alma Golf Course for an exciting performance by Dueling Pianos! Complimentary hors d'oeuvres will be provided, a photo booth will be on display for your use, and lots of laughs are sure to be had. Tickets are available to purchase from, Taylor. Individual tickets are \$45 and couples are \$85. You can also purchase VIP seating, which gives you a reserved table close to the performer and 2 complimentary bottles of champagne for your table! This will be an event you won't want to miss!

**What: Dueling Pianos**

**Where: Alma Golf Course**

**When: February 19**

**Time: Doors open @6:30 PM,**

**Show begins @8:00 PM**



*Congratulations!*

Congratulations to our Mammography team for successfully passing their FDA Mammography Inspection this last month with ZERO deficiencies! Way to go, Brittany & Amy, for your hard work!

## EMPLOYEE SPOTLIGHT: *Gina Pritchard*

This month's employee spotlight is, Gina Pritchard! Gina has been with HCHS for 1 year now as a Patient Care Technician. She loves getting to work amongst the best coworkers. "We are a big family I feel." She also loves serving and taking care of our patients. Gina is an active member of our Service Excellence team too!

Outside of work, she enjoys spending time with her daughters, and boating/relaxing at the lake with her boyfriend, Brian Wolfe, and their friends. If she could have a superpower, it'd be the ability to fly. Her weakness is coffee and she'd love to travel anywhere tropical and warm! Gina has two daughters. Taelyn is a freshman in college and Sadie is a sophomore at Franklin Public Schools.

We're happy to have you on our team, Gina! Thanks for your hard work and dedication to HCHS.





# *the* HARLAN HERO *of the month*

*This month's Harlan Hero announcement will come in a few weeks! Please watch for presentation date/time to come soon.*

*Please remember to submit your Harlan Hero nominations each month! Nominations for next month will be collected on January 27th so please get yours submitted prior to that date, otherwise they'll be carried over for the following month.*



## AVAILABLE POSITIONS

- Night RN
- Case Manager/LPN
- PRN Dietary
- Housekeeper
- Patient Care Tech

*Apply through Indeed, Facebook, or fill out an employment application.*



It's time for a fresh start! What goals do you have planned for the new year? Here are tips to successfully meet your goals:

1. Be realistic
2. Write them down
3. Do something you believe in
4. Have a support system



NEW TELEMEDICINE SERVICES ADDED

## DROP BY OUR OPEN HOUSE!

January 25 | 12:15 PM & 1:30 PM  
Harlan County Health System  
Alma, NE 68920

COMPLIMENTARY SNACKS & BEVERAGES

# Signs of The Winter Blues

What is seasonal affective disorder?  
This is a mood disorder characterized by depression that occurs at the same time every year, typically during the winter months.

Seasonal affective disorder occurs in climates where there is less sunlight at certain times of the year.

Symptoms include: fatigue, depression, hopelessness, and social withdrawal. Treatment includes light therapy (go outside!), talk therapy, and medications.

## UPCOMING COMMUNITY EVENTS:

- 1/10 - Community Blood Drive @Johnson Center (All Day)



## UPCOMING SCHOOL EVENTS:



### Alma Cardinals

- 1/4 - Classes Resume
- 1/7 - Wrestling Duel vs. SO Valley
- 1/8 - HS Bball vs. Axtell
- 1/17 - RPAC East Vocal Concert
- 1/21 - Noon Dismissal

- 1/4 - Classes Resume
- 1/7 - HS Bball vs. Bertrand
- 1/8 - Wrestling @ Franklin
- 1/19 - 2 HR. Late Start
- 1/24 - UNK Honor Band & Choir

SO. Valley  
Eagles

